



Research article

Formulation and evaluation of herbal face mist

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Abstract

Nature has its own beauty, and anything related to this nature can impart its true pure beauty. It's best to embrace the natural beauty within us. A regular self-care in this rat race is also very important to retain the beauty, nature has provided with. In today's world, artificial chemicals are taking over pure natural elements. But now it's time to realize once again, the magic nature has within itself. My present work is to combine the beautiful nature with the beauty it has provide us with. The face mist is formulated with aqueous extract of Rosa, and apple cider vinegar. The formulation also contains *Allium cepa* (contains quercetin), *Ananus comosus* (contains bromelain), *Citrus limonis* (contains Vitamin C) and aqueous extract of *Aloe vera*. Rose oil is used for fragrance. The herbal extracts has soothing effect for the skin, it is also proven to have anti allergic properties. The entire formulation is prepared using natural ingredients, minimizing the use of any artificial elements available. The formulation once again proves the magic nature has within itself.